

Healing Words:
a journey of
HOPE

Week 3

What Grief Looks Like in My Life

We as family members and friends experience various forms of grief.

This week, we will be using a journal writing style. This writing can be whatever comes to your mind in any order or way.

WRITING PROMPT

Here's what grief looks like in my life...

HAIKU HOMEWORK

Write a haiku for each of these:

Describe an animal that warms your heart

Describe a moment in your life when you felt proud

Describe someone who has comforted you when you were down